

TOXIC CUP – OFFICIAL TOURNAMENT RULES PACK

UK Junior Roller Hockey Tournament Rules

1. Tournament Overview

The Toxic Cup is a competitive UK junior roller hockey tournament designed to provide a safe, professional, and development-focused environment for young athletes.

All teams, players, coaches, parents, and spectators are expected to respect the rules and standards outlined within this document.

The Tournament Director reserves the right to interpret and enforce all rules for the integrity and safety of the event.

2. Tournament Format

Teams

- 8 teams per division

Group Stage

- 2 groups of 4 teams
- Each team plays 3 group games

Finals Stage

Top 2 teams from each group advance to:

- Semi-finals
- Bronze medal game
- Championship final

Remaining teams play placement matches.

3. Game Length

Group Stage Games

- 20-minute running clock

Semi-Finals & Finals

- 20-minute running clock

Warm-Up

- 5-minute warm-up before each game

Changeover

- Teams must leave the bench area promptly after games
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4. Overtime & Shootouts

Group Stage

- Games may end in a draw

Semi-Finals, Bronze Match & Final

If tied at the end of regulation:

Shootout

- 3-player shootout
 - Sudden death thereafter if required
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5. Points System

Result Points

Win 3

Draw 1

Loss 0

6. Tie-Break Rules

If teams finish level on points, standings are determined by:

1. Goal difference
 2. Goals scored
 3. Fewest goals conceded
 4. Least penalty minutes
 5. Tournament director decision/shootout if required
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7. Roster Limits

Maximum Roster

- 12 skaters
- 2 goalies
- Maximum total roster: 13 players

Minimum Players

- Teams must have at least:
 - 5 skaters
 - 1 goalie

to start a game.

8. Player Eligibility

Age Eligibility

Players must fall within the official age division for the tournament year.

Proof of age may be requested at any time.

Accepted forms:

- passport
 - birth certificate
 - player registration card
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Registration

- All players must be registered before tournament start
 - No unregistered players permitted
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Dual Rostering

- Players may only represent ONE team per division
 - Playing for multiple teams in the same division is prohibited
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9. Equipment Requirements

All players must wear:

- helmet with cage/visor
- gloves
- shin protection
- elbow pads
- hockey pants/girdle
- appropriate skates

Goalies must wear full goalie equipment.

The Tournament Director reserves the right to remove unsafe equipment.

10. Penalties

Standard inline/roller hockey penalties apply.

Minor Penalty

- 2 minutes

Major Penalty

- 5 minutes

Misconduct

- 10 minutes or game misconduct
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11. Dangerous Play

The following will NOT be tolerated:

- checking from behind
 - deliberate head contact
 - fighting
 - abusive language
 - unsportsmanlike conduct
 - stick swinging
 - abuse toward referees
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12. Fighting Rule

Any player involved in fighting may receive:

- immediate game ejection
- automatic suspension
- tournament removal

The Tournament Director's decision is final.

13. Suspensions & Discipline

The Tournament Director may suspend or remove:

- players
- coaches
- parents/spectators

for:

- abuse
- dangerous conduct
- repeated misconduct
- threatening behavior

Serious incidents may result in:

- tournament expulsion
 - future Toxic Cup bans
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14. Bench Conduct

Only registered:

- players
- coaches
- approved staff

may enter the bench area.

Coaches are responsible for the conduct of:

- players
 - parents
 - supporters
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15. Spectator Conduct

Toxic Cup operates a zero-tolerance policy for:

- abuse toward officials
- aggressive behavior
- discriminatory language
- threatening conduct

Spectators may be removed from the venue immediately.

18. Injury & Medical Policy

First Aid

Qualified first aid personnel will be present throughout the event.

19. Concussion Policy

Player safety is the priority.

Any player suspected of concussion:

- must be removed immediately
- may not return the same day
- must be assessed by a responsible adult/medical professional

Symptoms may include:

- dizziness
- headache
- confusion
- balance issues
- nausea
- sensitivity to light/noise

The Tournament Director and medical staff reserve the right to remove a player for safety reasons.

20. Insurance

All teams are responsible for:

- player insurance
- medical coverage
- liability coverage where applicable

The tournament organizer maintains event liability insurance but accepts no responsibility for injuries sustained during participation.

21. Photography & Media

By participating in the Toxic Cup:

- teams and players consent to photography/video usage

- content may be used on:
 - social media
 - livestreams
 - promotional materials
 - websites

Parents must notify tournament staff before the event if they do not wish a player to appear in media coverage.

22. Tournament Director Authority

The Tournament Director reserves the right to:

- amend schedules
- alter formats if necessary
- enforce discipline
- resolve disputes
- remove teams or individuals

All decisions are final.

23. Toxic Cup Standards

The Toxic Cup is built around:

- player development
- respect
- professionalism
- competition
- sportsmanship

All participants are expected to represent themselves, their teams, and the sport positively throughout the event.